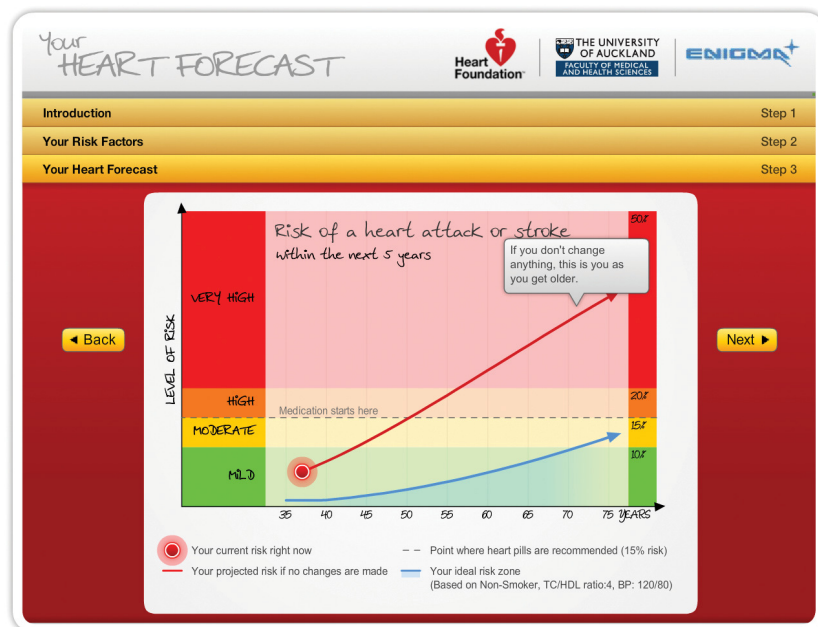


The leading CVD Risk visualisation tool for clinicians and patients, communicating CVD Risk using a trajectory approach.



- ✦ Patient specific, highly relevant to individuals
- ✦ Pictorial / story board approach, easy to understand
- ✦ Generates a 'Heart Age' for your patient
- ✦ Implements the NZ based, CVD Risk Assessment guidelines
- ✦ Evidence based, NZGG guidelines
- ✦ Created with credible partners; University of Auckland (SoPH) and Heart Foundation of NZ
- ✦ Integrated into PREDICT CVD-Diabetes

Communicate CVD Risk to your patients; drive early patient engagement over lifestyle interventions. Show patients the difference they can make to their future health.

Benefits of Your Heart Forecast

For Providers

- ✦ Visually show the degree of CVD Risk
- ✦ Determine the ideal risk level of your patient
- ✦ Show how far from an ideal risk level they are
- ✦ Calculate a 'Heart Age' for each patient
- ✦ Project future risk as your patient ages
- ✦ Interactively demonstrate the effect of changing modifiable risk factors (smoking)
- ✦ Provide a printable summary
- ✦ Invite your patient to re-play their forecast at home or at work

For Patients

- ✦ View your CVD risk level and categorisation
- ✦ Understand how far from an ideal profile you currently are, expressed both graphically and also as a 'Heart Age'
- ✦ See how your risk will vary as you age, and when you may need to start medication
- ✦ Use the 'WHAT-IF' section to see how you can alter your risk, see the effect of each change
- ✦ See the difference that quitting smoking makes
- ✦ Get a personalised invitation to re-play the forecast on the Heart Foundation's website (Know Your Numbers)
- ✦ Use Your Heart Forecast at home and talk with your family about what this means to you and the changes which you need to make
- ✦ Decide to make lifestyle changes to avoid necessary medication or hospitalisation

